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Dissemination Forum On the Interim Guidelines on OPT, Nutrition Screening and GMP during COVID-19 and Nutrition Service Continuity Online Survey

Prayer

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Interim Guidelines in the conduct of OPT Plus, Nutrition Screening, GMP activities in the context of COVID-19 Pandemic and other related disasters



DOH-Department Circular 2020-0167 "Continuous Provision of Essential Health Services during the COVID-19 Epidemic."

DOH-Department Memorandum 2020-0237 "Interim Guidelines for the Delivery of Nutrition Services in the Context of COVID-19 Pandemic under Growth and Development Monitoring and Promotion."



DOH-Department Memorandum 2020-0237

Suggest the use of MUAC tapes instead of the weight and length/height measuring tools to adapt to a reduced physical contact approach of health care provider to infant or child.

In the absence of insufficient MUAC tapes...

Global Nutrition Cluster key considerations:



- 1. Thoroughly disinfect the weight and height/length measuring tools, MUAC tapes and other frequently touched surfaces and objects using diluted household bleach solutions or alcohol solutions (70%) every after use and between measurements.
- 2. Between measurements refer to DOH-Department Memorandum 2020-015 for the guidelines on cleaning and disinfection in various settings as an IPC measure against COVID-19.

Global Nutrition Cluster key considerations:

3. Ensure physical safe distance between the mothers/caregivers and their children with the members of the OPT Team until their measurements can be taken.





 Ensure members of OPT Team wear face mask, face shield and gloves when taking measurements. Mothers/caregivers should also wear face masks and face shields.

Global Nutrition Cluster key considerations:

- 5. Re-consider positioning of measurer when reading the measurements, e.g. read from behind the individual for MUAC measurement to potentially reduce risk of droplet exposure.
- 6. Members of OPT Team can also consider using this opportunity to teach mothers/caregivers to assess nutritional status of their children using MUAC

Here's how we use the MUAC



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Dissemination Forum On the Interim Guidelines on OPT, Nutrition Screening and GMP during COVID-19 and Nutrition Service Continuity Online Survey Measurement schedule, recording and reporting of OPT Plus, nutrition screening, and growth monitoring

Conducting the OPT Plus



Electronic Operation Timbang Plus Tools (eOPT)

🔅 Last Updated: 07 December 2020

Recent Update:

 The multiplier for estimating the population of children 0 to 59 months has been revised using area- specific multipliers/factors pursuant to DOH-Memo # 2018 -0381

2. Click the link below based on your respective area

LUZON

VISAYAS

MINDANAO

Please click the link below for the community level acute malnutrition tool to be used during emergencies

e-OPT Tool for Acute Malnutrition - Community Level <- Currently Unavailable Conduct of OPT Plus using traditional weight and height measuring tools should be continued as basis to provide interventions to prevent deterioration of nutritional status. This should be completed within the first quarter of the year (January to March).

Use the electronic OPT tool downloadable from the NNC Website <u>https://www.nnc.gov.ph/?view=article&id=3461</u> to facilitate recording and reporting.

eOPT Tool for Acute Malnutrition

- If situation does not allow the use of traditional tools, use MUAC to assess nutritional status of children and recorded results in the e-OPT tool for Acute Malnutrition, downloadable from the NNC website: <u>https://www.nnc.gov.ph/optacute.</u>
- The e-OPT Tool for Acute Malnutrition is similar to the structure and method of encoding, consolidation, and auto-generation of reports as the original e-OPT tool.

THE REAL OF	Community Level e-OPT Tool
1 June 3	Maaimum Entries - 2000 Children
4.	ACUTE MALNUTRITION TOOL
	October 15, 2020
	use by nutifies workers in the community to help them record, interpret, and summarize the results of nutrifical assessment of onthe old. The 4-OPT Sol nume on MB bacel workers 2007 ar later. Full functionality of the test requires a literated and activated writen
GETTING STAR	TED
If you are using th	he eOPT Tool for the first time
G	o to the 'Nut_StatusTool' worksheet. Fill up the necessary information in the headings. These are highlighted in green.
# 8 4	efore entering child data, familiarize yourself with some important reminders for data entry (see below).
	rom the paper forms (NHC Form IA) that you used to record details of children from your last OPT Ples activity, enter all the required ata for each child into the 'Nuc_StatusTool' worksheet one at a time. One child, one now.
	already has cOPF records and have recent measurements to enter into the tool pen the cOPF Tool file that contains the entries from the most recent OPF Plus that was doen in your barangey.
	o to the "NewEntryBügdate" worksheet from your previous survey. Delete any doplicate entries and the names of children older than 59 onths. For more details, see the "Tips for Using the (renamed) Gean&Update Worksheet" below.
w	app and parts (using Perstervizuers) all the only constaining the names and details of children from the decard Themford/Opdate' ovicheret <u>into Articlulut That Tool'</u> executioners in this Acade Mathematica (Tool Too Lawy are your too Thang to re-type in a noner and ethat in a Tool Address that are interfained provide provide that the provide and of the QCT Tool.
	ge in the most recent measurements you have obtained from the children based on data you recorded in the 'BNS_Printout' worksheet ou used during the last OPT Plus activity in your barangay.
	alroudy has sOPF records and you are propering for an upcoming sOPF Mus activity per your barangey's most recent sOPF Mus file that contains the list of preschool children and their details.
= _{G1}	o to the 'BRG_Printout worksheet in that file. Type in the date of the upcoming OPT Plus or house visit in cell highlighted in green.
yo	hale a printee of the 'MSL Notions'. This serves as your pre-pointed this of previousl deficience in your baseappy which you can use when you wake the results in the community. Names of pre-point-base alphabetcally surranged to help you match children and names. Two on also add names of new or unlisted children at the end of the list.
Key features of	this tool include the following:
Nutritional Status	s Calculator. By typing in the date of birth and the date of the OPT Plus visit together with the child's measurements, the tool



*Use only one assessment method for the whole barangay and municipality (either traditional weight and height, or MUAC)

Decision Tree



Is it possible to conduct OPT/ nutrition screening/ growth monitoring?

Do mothers or caregivers allow children to be measured (weight and height)?

YES

Activity: nutrition assessment in health facility

Methods: MUAC, identification of bilateral pitting edema

Tools: MUAC tape

Recording: Acute Malnutrition tool

Use PPEs and follow minimum health standards

NO

Prioritize COVID-19/ disaster-related response

Decision Tree



Is the LGU under modified general community quarantine (MGCQ)?

Activity: house-to-house or communitybased nutrition assessment with 50% venue capacity or in an open area

Do mothers or caregivers allow children to be measured (weight and height)?

New Normal

Activity: house-to-house or communitybased nutrition assessment in an open area

Methods: Weight and height measurement (Weight-for-Height; Height-for-Age, Weightfor-age)

Tools: Hanging-type weighing scale, height or length board, identification of bilateral pitting edema

Recording: Regular e-OPT Tool

Use of PPEs and follow minimum health standards

Methods: Weight and height measurement (Weight-for-Height; Height-for-Age, Weightfor-age)

Tools: Hanging-type weighing scale, height or length board, identification of bilateral pitting edema

Recording: Regular e-OPT Tool

Use of PPEs and follow minimum health standards



Methods: MUAC, identification of bilateral pitting edema,

Tools: MUAC tape

Recording: Acute Malnutrition tool

Use PPEs and follow minimum health standards

*Use only one assessment method for the whole barangay and municipality (either traditional weight and height, or MUAC)

Continued Growth Monitoring



- Growth monitoring and promotion activities should also be continued and reported:
 - monthly for children under 2 years old and those identified as malnourished based on OPT;
 - quarterly for children 2 to under 5 years old, regardless of nutritional status.
- ❑ MUAC of children aged 6 to 23 months with normal nutritional status and no bilateral pitting edema should be measured monthly, and quarterly for 24 to 59 months old.

Continued Growth Monitoring of the Acutely Malnourished

- While undergoing appropriate management, MUAC of children identified with severe acute malnutrition (SAM) or severely wasted shall be measured every 2 weeks, and moderate acute malnutrition (MAM) or moderately wasted without bilateral pitting edema every month until MUAC is greater than 12.5cm for two consecutive measurements.
- Monthly reports should be generated at the city/municipal level through the health officer and the nutrition action officer and reported to the local nutrition committee.



Continued Growth Monitoring of the Acutely Malnourished

- Immediately refer children identified as acutely malnourished to the nearest barangay health center/rural health unit for further assessment, and appropriate and timely management.
- Moderately acutely malnourished children should be referred to targeted supplementary feeding programs in child development centers, health/nutrition centers, in schools, or where available.



Promotion Activities





- Relay the measurements of the child and provide feedback and counselling to mothers and caregivers of the children measured. Reinforce good behaviors and respectfully correct any misconceptions or wrong practices.
- Relay the measurements of the child and provide feedback and counselling to mothers and caregivers of the children measured. Reinforce good behaviors and respectfully correct any misconceptions or wrong practices.

Scenarios at the Local Government Units and Nutrition Screening, Growth Monitoring and Promotion Activities

Scenario (based on DOH-DM No. 2020-0237)	Nutrition Screening, Growth Monitoring and Promotion Activities				
	Normal Nutritional Status				
	0 to <6 months old	6 to 23 months old	24 to 59 months old	SAM children	MAM children
Scenario 1-2 during Recognition Phase Stage 1 Zero Cases or importation	Weight-for- length	Weight-for- height or MUAC Bilateral pitting edema	Weight-for- height or MUAC Bilateral pitting edema	 Weight-for- length for less than 6 months old Weight-for- length/height or MUAC for 6 to 59 months old 	 Weight-for- length for less than 6 months old Weight-for- length/height or MUAC for 6 to 59 months old
	Monthly monito	oring	Quarterly monitoring	Monitoring every 2 weeks	Monthly monitoring
	Follow-up through virtual platforms, home visits, and primary health care fa				h care facilities

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Scenario (based on DOH-DM No. 2020-0237)	Nutrition Screening, Growth Monitoring and Promotion Activities				
	Normal Nutritional Status				MAM
	0 to <6 months old	6 to 23 months old	24 to 59 months old	SAM children	children
Scenario 3 Initiation Phase Stage 2 Localized Transmission Health and nutrition staff are engaged in COVID-19 response	Weight-for- length	MUAC Bilateral pitting edema	MUAC Bilateral pitting edema	 Weight-for- length for less than 6 months old MUAC for 6 to 59 months old Bilateral pitting edema 	 Weight-for- length for less than 6 months old MUAC for 6 to 59 months old
	Monthly monitoring		Quarterly monitoring	Monitoring every 2 weeks	Monthly monitoring
	Follow-up through virtual platforms, home visits, and primary health care facilities				

Scenario (based on DOH-DM No. 2020-0237)	Nutrition Screening, Growth Monitoring and Promotion Activities				
	Normal Nutritional Status				
	0 to <6 months old	6 to 23 months old	24 to 59 months old	SAM children	MAM children
Scenario 4 During Acceleration Phase Stage 3 Community Transmission All health and nutrition staff and other health office personnel are engaged in COVID-19 response	Weight-for- length	MUAC Bilateral pitting edema	MUAC Bilateral pitting edema	 Weight-for- length for less than 6 months old MUAC for 6 to 59 months old Bilateral pitting edema 	 Weight-for- length for less than 6 months old MUAC for 6 to 59 months old
	Monthly monitoring		Quarterly monitoring	Monitoring every 2 weeks	Monthly monitoring
	 Visits to non-emergency concerns to primary health care facilities are suspended. Follow-up through virtual platforms and home visits 				

Download the Interim Guidelines here



https://qrgo.page.link/3SgJw



Thank you!

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